

# **JETS JOURNAL**

Summer 2024

## RICHARD DAVIS AWARDS 2024 – ENTER NOW



Following so much positive feedback on the move to Warwick Racecourse as the venue for our annual career development Awards, we are delighted that the Richard Davis Awards will return there again in 2024 on Tuesday 5th November.

The winners will receive their trophies as part of a special day dedicated to the Awards featuring a special host (in 2023 former jockey Tom Scudamore filled this role), presentations, lunch and photos and interviews in the parade ring.





# THE JOCKEY CLUB ACHIEVEMENT AWARD



The top Award designed for those jockeys who have significantly achieved in pursuing their new chosen careers and is worth £3,000 to the winner with two runners-up prizes of £500 each.

#### THE IJF PROGRESS AWARD



Worth £2,000, this Award rewards the early progress of those jockeys who have more recently started out on a new career/training path (in previous two years).

# THE BHA DEVELOPMENT AWARD



With a prize of £1,000, this award is exclusively for currently licensed jockeys who have worked hard over the last year to develop themselves both in and out of the saddle in order to be as successful as possible as a jockey and also in their career beyond riding.

### >> HOW TO ENTER

Entry forms can be found on the website. We will be taking video entries for the BHA Development Award so current jockeys should speak with their jockey coach, Lisa or Phil for advice on how to submit their entry or visit the Richard Davis Awards section of our website for guidance. **Entries close on Friday 6th September.** 

### **CAREER CASE STUDIES**

Check out the 'Jockey Stories' case studies on our website, featuring a wide range of former jockeys enjoying careers across a range of different industries, a great way to learn from the experiences of others and how they forged a pathway into a second career.

# MICHEAL NOLAN: WINNING ON AND OFF THE TRACK



Having had his best season last year with 40 winners, Jump Jockey Micheal Nolan has also enjoyed success in the showring with his pedigree sheep. Based in Somerset, Micheal originally started keeping sheep as a hobby during lockdown and has since built up a flock of 80 sheep which he manages with his girlfriend. Over the quieter summer period, he's also earning extra income by contract sheep shearing, which works flexibly with his riding, and is using JETS to gain an official shearing qualification with the British Wool Board. JETS is constantly encouraging jockeys to find hobbies away from racing and Micheal agrees that having the sheep to focus on has meant he enjoys the riding more.

When the riding is busy, it's a lot of early mornings and late nights but it's also a real outlet from racing which is so intense and pressurised all the time. When I get back after hours in the car, the pressure is off and I can get out and about working with the sheep. I find I enjoy racing a lot more now as I feel it's not my only focus, I've got other things to think about.

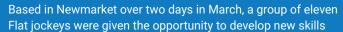
"It started as a bit of fun but I've discovered a serious industry which is very well organised and I've had some really good success with the showing which makes me want to do more. I've made a lot of useful contacts and it shows there's lots of opportunities to work other than riding horses. It's opened my eyes to all the jobs you can do within the livestock industry and it makes you realise you don't just have to work in a racing yard for the rest of your life.

### O JETS ON INSTAGRAM

We're pleased to announce you can now find JETS on Instagram – follow us @jets4jockeys for the latest career, education and training updates and highlights.

## **FLAT JOCKEY** AMBASSADOR TRAINING

In partnership with the Professional Jockeys Association and Great British Racing, we were delighted to offer Flat jockeys a specialist Jockey Ambassador training programme similar to the previous training held for Jump jockeys at Sandown Park.



and gain knowledge to enhance their profile, engage successfully with a range of media and maximise commercial opportunities.

Speakers included Rishi Persad who along with ITV Racing's Adele Mulrennan, TalkSport's Faye Carruthers and journalist Eleanor Kelly, ran a media training workshop. There were also sessions with Chris Gibbons from Inside Inclusion, social media with Matt Himsworth from B5 Consultancy and valuable commercial insights from Deji Akande, founder of sports and entertainment agency Gateway Sports, and Olympic athlete Asha Philip who offered jockeys advice on how athletes can take their career to the next level.



I am extremely grateful to have had this experience and hear from so many experts. The media session in particular was a good insight into what journalists and presenters are looking for and it was great to get feedback on my interviews. Sean Kirrane

Congratulations to all who attended (Ross Coakley, Callum Hutchinson, Pierre Louis Jamin, Sean Kirrane, Sean Levey, Dane O'Neill, Faye McManoman, Mia Nicholls, Laura Pearson, Olivia Tubb, & Elisha Whittington) and look out for 2025 dates coming soon...

## TRAINING & EDUCATION **HIGHLIGHTS**

A reminder to jockeys that there is a vast range of courses and training opportunities that JETS can help you with. Whether it's matching a course with your availability or learning preferences or helping you with applications and funding, Lisa and Phil can work with jockeys to help them develop their careers both in and out of the saddle and think about the future. Examples of the range of learning opportunities coming up are highlighted here:

Stewards Enquiry training with Rory MacNeice	Online	2 hours
Mental Health First Aid	In person	1 day
Novice Tractor Driving Course	In person	1 day
Fast Track Tiling Course	In person	4 days
Emergency First Aid at Work	In person	1 day
Leadership in Sport Masters	Distance Learning	12 or 24 months

The Leadership course is designed for current and former athletes seeking specialised education to develop leadership skills or to aid transition into their next career. A fantastic qualification to launch you into a second career. Co-delivered by



Loughborough University and the Institute for Sports. Please contact Phil or Lisa if you'd like more information.

### **CONGRATULATIONS!**

We are very proud of JETS scholarship recipient Kathy Begley, former winner of the IJF Progress Richard Davis Award, who has recently completed her three year degree course in Neuroscience & Psychology graduating with a 2:1 from Cambridge University. Kathy has worked extremely hard and is now continuing in her chosen second career path to study veterinary medicine. Kathy said:



I am delighted to have gained this degree. The first couple of years were very tough - both academically and adapting to the lifestyle change - but three years in I have finally adjusted to the Cambridge lifestyle! Huge thanks must go to JETS for their support in allowing me to embark on this journey and their contribution towards my tuition fees.

#### **GET IN TOUCH!**

Follow us @JETS4Jockeys or like us on Facebook! It's the best way to stay in touch and maximise opportunities even if you're only starting out on your jockey career.



**Lisa Delany** (JETS Manager and Jockey PDM) 07919 417462 lisa@jets-uk.org



#### Phil Kinsella

(Jockey PDM) 07970 673351 phil@jets-uk.org



#### **Kate Struthers**

(PR & Marketing) 07980 661003 kate@jets-uk.org











